

**Directions to Eastside Chiropractic PC
11801 NE 160th St Suite D
Bothell, WA 98011**

WA-522 Heading Westbound

- 1) Continue onto **WA-522 Westbound**
- 2) Use the Right 2 lanes to take the exit toward **Bellevue/ I-405 South – 0.8 mi.**
- 3) Use the Right lane to merge onto **I-405 south – 0.5 mi.**
- 4) Take Exit 22 for **NE 160th St. – 0.4 mi.**
- 5) Use the Left 2 lanes to turn left onto **NE 160th St/ Juanita Woodinville Way NE – 0.4 mi.**
- 6) Continue to follow **NE 160th St – 0.3mi.**
- 7) Destination will be on the Right (**Gateway Plaza - Eastside Chiropractic**).

WA-522 Heading Eastbound

- 1) Continue onto **WA-522EB/Bothell Way NE**
- 2) Use the right 2 lanes to take the **I-405 South** ramp to Bellevue – *0.4mi.*
- 3) Merge onto **I-405 Southbound – 0.5mi.**
- 4) Take Exit 22 for **NE 160th St – 0.4mi.**
- 5) Use the Left 2 lanes to turn left onto **NE 160th St/ Juanita Woodinville Way NE – 0.4 mi.**
- 6) Continue to follow **NE 160th St – 0.3mi.**
- 7) Destination will be on the Right (**Gateway Plaza - Eastside Chiropractic**).

I-405 Heading Northbound

- 1) Continue onto **I-405 northbound.**
- 2) Take Exit 22 for **NE 160th St – 0.2mi.**
- 3) Turn right onto **NE 160th St/ Juanita Woodinville Way NE – 0.4 mi.**
- 4) Continue to follow **NE 160th St – 0.3mi.**
- 5) Destination will be on the Right (**Gateway Plaza - Eastside Chiropractic**).

I-405 Heading Southbound

- 1) Continue onto **I-405 southbound.**
- 2) Take Exit 22 for **NE 160th St – 0.4mi.**
- 3) Use the Left 2 lanes to turn left onto **NE 160th St/ Juanita Woodinville Way NE – 0.4 mi.**
- 4) Continue to follow **NE 160th St – 0.3mi.**
- 5) Destination will be on the Right (**Gateway Plaza - Eastside Chiropractic**).

Proliance Hand, Wrist and Elbow Physicians

12911 120th AVE NE #H-10
Kirkland, WA 98034
425-823-4224(o)
425-820-8975(f)

1810 116th AVE NE #D-4
Bellevue, WA 98004
425-283-5230(o)
425-283-5236(f)