

John David Beck, M.D.

Employment History:

9/2013-Present

Washington Hand Surgery

Kirkland, WA P: (425) 823-4224

Bellevue, WA P: (425) 283-5230

Issaquah, WA P: (425) 283-5230

Fellowship Training:

8/2012-7/2013

University of California Irvine/Kaiser Orange County

Hand and Upper Extremity Fellowship

Residency Training:

07/2007 – 6/2012

Geisinger Health System

Department of Orthopaedic Surgery

Danville, PA 17822

Medical Education:

09/2003 – 06/2007

Degree: Doctor of Medicine

University of Washington School of Medicine

Seattle, WA 98195

Undergraduate Education:

09/1999 – 1/2003

Degree: Bachelor of Science

Major: Biochemistry

University of Notre Dame

Notre Dame, IN 46556

Examinations:

USMLE Step 1 CK: 06/24/2005 Passed

USMLE Step 2 CK: 08/24/2006 Passed

USMLE Step 2 CS: 10/09/2006 Passed

USMLE Step 3: 03/03/2008 Passed

Orthopaedic in Training Examination 2007: 89th percentile

Orthopaedic in Training Examination 2008: 95th percentile

Orthopaedic in Training Examination 2009: 99th percentile

Orthopaedic in Training Examination 2010: 99th percentile

Orthopaedic in Training Examination 2011: 96th percentile

ABOS Part I: 07/12/2012 Passed

Licensure:

Commonwealth of Pennsylvania:

Training license number MT190936 expiration 06/30/2012

Independent license number MD438125

State of California:

Independent license number A118740

State of Washington

License number MD60333186

Professional Membership:

American Academy of Orthopaedic Surgeons

American Society for Surgery of the Hand – Candidate member

American Association for Hand Surgery – Candidate member

Professional Honors:

- 1) Best Orthopaedic Teaching Resident Award Winner by Journal of Orthopaedic Trauma-2010
- 2) Chief Resident Geisinger Medical Center Orthopaedic Residency – 2011/12

Publications:

- 1) Wingert N, Beck JD, Klana JC. Recurrent Synovial Chondromatosis of the Wrist: A Case report of 13-years Ongoing Disease. Current Orthopaedic Practice, May/June 2014, 25(3): 281-283.
- 2) Beck JD, Harness NG, Spencer HT. Volar plate fixation failure for volar shearing distal radius fractures with small lunate facet fragments. Journal of Hand Surgery, April 2014, 39(4): 670-678.
- 3) Beck JD, Chang B, Jones NF. Over 20 year follow-up of Miura reconstruction of cleft hand. Hand, March 2014: 1-4.
- 4) Grandizio L, Beck JD, Rutter M, Graham J, Klana JC. The incidence of trigger digit after carpal tunnel release in diabetic and non-diabetic patients. Journal of Hand Surgery, February 2014, 39(2): 280-285.

- 5) Wingert N, Beck JD, Harter GD. Avulsive axillary artery injury in reverse total shoulder arthroplasty. Orthopedics, January 2014, 37(1): e92-e97.
- 6) Beck JD, Wingert N, Irgit K, Rutter M, Tang X, Klena JC. Clinical outcomes of endoscopic carpal tunnel release in patients 65 and over. Journal of Hand Surgery, August 2013, 38(8): 1524-1529.
- 7) Klena JC, Beck JD. “In Reply: MRI after endoscopic Carpal Tunnel” Response to letter to Editor. Journal of Hand Surgery, June 2013, 38(6): 1265-1266.
- 8) Beck JD, Irgit K, Andrychik C, Maloney P, Tang X, Harter GD. Results of Reverse total shoulder arthroplasty in the obese and morbidly obese. Journal of Hand Surgery, May 2013, 38(5): 965-970.
- 9) Beck JD, Jones RB, Malone J, Klena JC. Carpal tunnel syndrome: MRI evaluation of flexor retinaculum division 1 year after endoscopic carpal tunnel release. Journal of Hand Surgery, February 2013, 38(2): 331-335.
- 10) Beck JD, Riehl JT, Moore BE, Deegan JH, Mirenda WM. “Risk factors that influence rates of open reduction in pediatric supracondylar humerus fractures.” Orthopedics, 35(10), 848.
- 11) Beck JD, Riehl JT, Klena JC. Anomalous Extensor Tendon to the Long Finger: A Report of Two Cases and a Cadaveric Study of Incidence. Journal of Hand Surgery, August 2012, 37(8): 1646-1649.
- 12) Klena JC, Graham J, Temple J, Lutton J, Beck JD. “Use of an Integrated, Systems-Based Orthopaedic Resident Education Curriculum: A five year retrospective review of its impact on Resident Education.” Journal of Graduate medical Education, June 2012, 4(2): 250-253.
- 13) Beck JD, Irgit KS, Riehl JT. Non-Operative Treatment of the Dislocated Knee. Fanelli GC editor.: *The Multiple Ligament Injured Knee: A Practical Guide to Management*, 2nd Ed. Chapter 8, Pages 107-114.
- 14) Fanelli GC, Beck JD, Riehl JT, McKenna ME. The Dislocated Knee. In Johnson, D: *McGinty’s Operative Arthroscopy*, 4th Ed. Lippincott Williams & Wilkins. Philadelphia, PA. In press
- 15) Klena JC, Riehl JT, Beck JD. Anomalous Extensor Tendons to the Long Finger: A Cadaveric Study of Incidence. Journal of Hand Surgery, May 2012, 37(4): 938-941.
- 16) Klena JC, Beck JD. “Paradigm and Practicality” Response to letter to Editor. Journal of Hand Surgery, April 2012, 37(4): 860-861.

- 17) Beck JD, Brothers J, Maloney PJ, Deegan JH, Tang X, Klena JC. Predicting the Outcome of Revision Carpal Tunnel Release. Journal of Hand Surgery, February 2012, 37(2): 282-287.
- 18) Fanelli GC, Beck JD, Edson CJ. Single Compared to Double Bundle PCL Reconstruction Using Allograft Tissue. Journal of Knee Surgery, 2012, 25:59-64.
- 19) Edson CJ, Fanelli GC, Beck JD. Rehabilitation After Multiple-Ligament Reconstruction of the knee. Sports Medicine and Arthroscopy Review, 2011, 19(2): 162-166.
- 20) Fanelli GC, Beck JD, Edson CJ. Combined PCL-ACL Lateral and Medial Side Injuries: Treatment and Results. Sports Medicine and Arthroscopy Review, 2011, 19(2): 120-130.
- 21) Beck JD, Klena JC. Closed Reduction and Treatment of Two Volar Thumb Metacarpophalangeal Dislocations, A Report of Two Cases. Journal of Hand Surgery, April 2011, 36(4): 665-669.
- 22) Beck JD, Klena JC. Commentary on Carpal Tunnel Release. International Journal of Therapy and Rehabilitation, March 2011, 18(3): 592-593.
- 23) Beck JD, Deegan J, Rhoades D, Klena JC. Results of Endoscopic Carpal Tunnel Release Relative to Surgeon's Experience with the Agee Technique. Journal of Hand Surgery, Jan 2011, 36(1): 61-64.
- 24) Beck JD, Deegan J, Riehl JT, Klena JC. Incidence of Scapholunate dissociation in patients with aspiration confirmed gout. Journal of Hand Surgery, Dec 2010, 35(12): 1938-42.
- 25) Fanelli GC, Beck J, Riehl J, McKenna M. Arthroscopic approaches and pearls for treating the dislocated knee. Arthroscopy, 4th Edition, Richmond JC, Editor. Elsevier, Philadelphia, PA (currently in press).
- 26) Fanelli GC, Beck JD, Edson CJ. How I treat the multiple-ligament injured knee. Operative Techniques in Sports Medicine, 2010; 18(4): 198-210.
- 27) Fanelli GC, Beck JD, Edson CJ. Arthroscopic Double Bundle PCL Reconstruction Surgical Technique. Journal of Knee Surgery, Nov 2010, 2(23): 89-94.
- 28) Fanelli GC, Beck JD, Edson CJ. Current concepts review: the posterior cruciate ligament. Journal of Knee Surgery, Nov 2010, 2(23): 61-72.
- 29) Fanelli GC, Beck JD, Edson CJ. Postoperative rehabilitation of the posterior cruciate ligament. Sports Medicine and Arthroscopy Review, 2010, 18(4): 275-

279.

- 30) Fanelli GC, Beck JD, Edson CJ. Double bundle posterior cruciate ligament reconstruction: surgical technique and results. Sports Medicine and Arthroscopy Review, 2010, 18(4): 242-248.
- 31) Fanelli GC, Beck JD, Garofalo R. Multiple ligament knee injuries and management of knee dislocations. AANA Advanced Arthroscopy: The Knee. Sgaglione N, Hunter R, Ryu R; Editors. Saunders Elsevier, Inc., Philadelphia, PA, USA, 2010. Chapter 28, pages 260-270.
- 32) Fanelli GC, Wascher D, Tomaszewski DJ, Beck JD, McKenna ME. Posterior lateral corner injuries. Orthopaedic Knowledge Update Sports Medicine 4. W. Ben Kibler; Editor. Rosemont: AAOS, Feb 2009.
- 33) Fanelli GC, Edson CJ, Reinheimer KN, Beck JD. Arthroscopic Single-Bundle Versus Double-Bundle Posterior Cruciate Ligament Reconstruction (SS-46). Arthroscopy: The Journal of Arthroscopic & Related Surgery. 2008 June; Volume 24, Issue 6, Supplement 1, Page e26
- 34) Baxter TK, Gagnon SJ, Davis-Harrison RL, Beck JD, Binz AK, Turner RV, Biddison WE, and Baker BM. Strategic Mutations in the Class I Major Histocompatibility Complex HLA-A2 Independently Affect Both Peptide Binding and T Cell Receptor Recognition. The Journal of Biological Chemistry. 2004; 279 (28): 29175-29184.

Research Submitted for Publication:

- 1) Grandizio LC, Beck JD, Cush GJ. Acute Tibiotalocalcaneal Arthrodesis with a Retrograde Intramedullary Nail for the Treatment of Segmental Tibial and Talus Fractures in the Setting of a Degloving Wound: A Case Report (Submitted to Orthopedics).
- 2) Lee A, Beck JD, Klena JC. Incidence of EPL ruptures after intramedullary nailing of forearm fractures.

Ongoing Projects:

- 1) Beck JD, Jones RB, Malone J, Klena JC. Carpal tunnel syndrome: prospective MRI evaluation of flexor retinaculum division acutely after endoscopic carpal tunnel release.

- 2) Beck J. Vasey H, Jones NF. Results of One-Bone Forearm Reconstruction.
- 3) Beck J, Harness N. Results of arthroscopic osteocapsular arthroplasty.

Scientific Poster Presentations:

- 1) *Carpal Tunnel Syndrome: MRI evaluation of flexor retinaculum division following endoscopic carpal tunnel release.* Kaiser Upper Extremity Meeting, Mammoth Lakes, CA; February 2014.
- 2) *Incidence of EPL Rupture in Elastic Intramedullary Nailing of Pediatric Forearm Fractures.* American Academy of Orthopaedic Surgeons Annual Meeting, New Orleans, LA; March 2014.
- 3) *Endoscopic Carpal Tunnel Release in the Elderly.* American Society for Surgery of the Hand Annual Meeting, San Francisco, CA; September 2013.
- 4) *Predicting the Outcome of Revision Carpal Tunnel Release.* Pennsylvania Orthopaedic Society spring meeting. Controversies in Upper Extremity Surgery. April 20-21, 2012.
- 5) *Anomalous Extensor Tendon to the Long Finger: A Report of Two Cases and a Cadaveric Study of Incidence.* Pennsylvania Orthopaedic Society spring meeting. Controversies in Upper Extremity Surgery. April 20-21, 2012.
- 6) *Recurrent Synovial Chondromatosis of the Wrist: A Case report of 13-years Ongoing Disease.* ASSH/AHSS 1st combined meeting. March 22-25, 2012.
- 7) *Predicting the Outcome of Revision Carpal Tunnel Release.* ASSH national meeting, September 2011
- 8) *Reverse Total Shoulder Arthroplasty in Obese Patients.* 2nd Istanbul Meeting of Orthopaedics & Traumatology Istanbul, Turkey between May 4-7, 2011.
- 9) *Incidence of Scapholunate Dissociation in Patients with Aspiration Confirmed Gout.* Western Orthopaedic Association annual meeting, August 2010.
- 10) *Sagittal Band Rupture: A Case Report and Cadaveric Study of Extensor Medii Proprius Incidence.* Combined ASSH/AAHS annual meeting, January 2009

Scientific Podium Presentations:

- 1) Predictors for Failure of Corticosteroid Injection for Stenosing Tenosynovitis. ASSH Annual Meeting, Boston, Massachusetts- 2014
- 2) Incidence of Trigger Digit Following Carpal Tunnel Release. AAHS Annual Meeting, Kauai, Hawaii- 2014
- 3) Predicting the Outcome of Revision Carpal Tunnel Release. British and Irish Orthopaedic Association Combined Meeting. September 14th, 2011
- 4) Sagittal Band Rupture: A case Report and Cadaveric Study of Extensor Medii Proprius Incidence. AAHS annual meeting, 2009
- 5) Arthroscopic Single Bundle vs. Double Bundle Posterior Cruciate Ligament Reconstruction. Arthroscopy Association of North America 27th Annual Meeting. April 26th, 2008.

Lectures:

- 1) “Rehabilitation of the Injured Wrist.” Presented at Postoperative Rehabilitation of Orthopaedic Procedures Symposium. May 31st, 2013.
- 2) “Pelvic Fractures and their care.” Presented at Trauma Nurse Topics. March 16th, 2011.
- 3) “Pelvic Fractures and their care.” Presented at Fall 2010 Critical Care Days. October 28th, 2010.
- 4) “Common Hand Problems.” Presented at 5th Annual Orthopaedic Topics: A Focus on Bones & Joints. October 19th, 2010.